

Bintan Triathlon 2009
Sprint Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run				
	Race No	First Name	Last Name		Cat.	C.Pos	Gen	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	min/km
1	376	Evan	Gallagher	1:15:29	30-39	1	Male	1	0:14:04	2	2	18:46	0:00:32	5	1	0:37:20	3	2	32.1	0:00:26	5	1	0:23:04	5	2	4:36
2	153	Richard	Waddington	1:18:22	40-49	1	Male	2	0:19:41	114	21	2:14	0:00:53	28	2	0:35:06	1	1	34.2	0:00:46	54	6	0:21:54	1	1	4:22
3	325	Stephen	Duerden	1:19:10	40-49	2	Male	3	0:14:55	5	1	19:54	0:00:58	35	4	0:39:01	7	2	30.8	0:00:41	38	4	0:23:33	8	2	4:42
4	369	Masaki	Sato	1:21:22	30-39	2	Male	4	0:16:25	16	6	21:54	0:01:08	45	9	0:39:13	8	4	30.6	0:01:06	145	35	0:23:28	7	3	4:41
5	319	Matthew	Tench	1:22:50	30-39	3	Male	5	0:15:45	11	3	21:00	0:00:51	24	2	0:40:25	19	6	29.7	0:00:40	33	7	0:25:08	18	8	5:01
6	314	Will	Matthews	1:23:41	40-49	3	Male	6	0:17:11	32	5	22:55	0:01:19	69	8	0:40:13	13	4	29.8	0:01:03	125	15	0:23:53	9	3	4:46
7	383	Campbell John	Korff	1:23:59	30-39	4	Male	7	0:17:30	43	14	23:20	0:00:52	26	4	0:36:56	2	1	32.5	0:00:39	26	4	0:28:00	60	20	5:36
8	360	Colin	Ip	1:24:34	40-49	4	Male	8	0:17:00	26	4	22:40	0:02:03	170	29	0:39:18	9	3	30.5	0:01:01	116	12	0:25:10	19	4	5:02
9	124	Werner	Hrastovec	1:25:15	50+	1	Male	9	0:17:16	35	2	23:02	0:00:41	14	1	0:38:24	5	1	31.2	0:00:37	19	1	0:28:15	70	2	5:39
10	258	Valentin	Kunze	1:25:21	16-29	1	Male	10	0:17:10	31	4	22:53	0:00:42	15	1	0:40:17	16	3	29.8	0:00:38	24	2	0:26:32	35	1	5:18
11	114	Tonya	Prendiville	1:25:26	30-39	1	Female	1	0:17:14	33	5	22:58	0:00:48	21	1	0:43:06	38	2	27.8	0:00:50	66	9	0:23:27	6	2	4:41
12	294	James	Shortis	1:25:55	30-39	5	Male	11	0:13:17	1	1	17:43	0:01:26	84	20	0:40:15	15	5	29.8	0:00:49	59	9	0:30:06	102	35	6:01
13	115	Rowena Du Val	Scott	1:26:14	30-39	2	Female	2	0:16:49	24	4	22:26	0:01:05	41	5	0:40:05	12	1	29.9	0:00:55	87	17	0:27:18	46	7	5:27
14	165	Duncan	Ashford	1:26:30	40-49	5	Male	12	0:17:20	37	7	23:06	0:00:56	30	3	0:40:14	14	5	29.8	0:00:44	46	5	0:27:15	45	8	5:27
15	270	Kim	Douglas	1:26:41	40-49	1	Female	3	0:16:56	25	2	22:35	0:00:42	16	1	0:40:47	20	2	29.4	0:00:51	69	10	0:27:22	49	5	5:28
16	236	Arnaud	Clement	1:26:45	16-29	2	Male	13	0:16:43	22	3	22:18	0:01:08	46	3	0:39:37	11	2	30.3	0:00:52	79	6	0:28:24	74	4	5:40
17	301	Andrew	Whitmarsh	1:26:46	30-39	6	Male	14	0:18:37	76	23	0:50	0:01:46	127	29	0:42:21	32	14	28.3	0:01:16	173	43	0:22:44	4	1	4:32
18	244	Henriette	Lund	1:26:57	40-49	2	Female	4	0:21:29	157	15	4:39	0:01:20	72	7	0:38:01	4	1	31.6	0:00:50	65	9	0:25:15	20	1	5:03
19	368	Makoto	Shimamoto	1:27:08	30-39	7	Male	15	0:17:30	42	13	23:20	0:01:15	62	15	0:42:34	33	15	28.2	0:01:08	150	38	0:24:40	12	5	4:56
20	994	Team	The Mavericks	1:27:17	Team	1	Male	16	0:18:46	78	9	1:02	0:00:41	13	11	0:42:10	30	1	28.5	0:00:37	22	16	0:25:01	15	3	5:00
21	198	Robert	Fox	1:27:23	30-39	8	Male	17	0:18:22	68	21	0:30	0:01:19	67	16	0:38:52	6	3	30.9	0:01:06	148	37	0:27:42	57	17	5:32
22	166	Sheena	Ashford-Tait	1:27:29	40-49	3	Female	5	0:15:04	7	1	20:06	0:01:11	55	4	0:43:16	44	4	27.7	0:00:50	64	8	0:27:05	42	3	5:25
23	116	Stuart	Austin	1:27:41	16-29	3	Male	18	0:15:27	8	2	20:36	0:00:48	22	2	0:39:26	10	1	30.4	0:00:38	23	1	0:31:20	132	9	6:16
24	205	Alexandre	Leal Soares De Alber	1:27:58	30-39	9	Male	19	0:19:43	116	34	2:17	0:01:43	119	27	0:41:09	22	7	29.2	0:01:11	160	40	0:24:10	11	4	4:50
25	266	Matthew Carl	Beckwith	1:28:30	30-39	10	Male	20	0:17:35	49	16	23:27	0:01:09	48	11	0:43:50	55	26	27.4	0:00:52	77	16	0:25:03	16	6	5:00
26	144	Javed	Qureshi	1:28:49	40-49	6	Male	21	0:18:25	70	12	0:34	0:01:24	81	10	0:40:54	21	8	29.3	0:00:55	90	9	0:27:09	43	7	5:25
27	991	Team	Tricera Tops	1:28:56	Team	2	Male	22	0:15:31	10	3	20:42	0:00:31	3	2	0:46:34	96	5	25.8	0:00:29	8	6	0:25:48	27	5	5:09
28	356	David Anthony	Lloyd	1:29:03	50+	2	Male	23	0:16:00	12	1	21:21	0:01:45	126	3	0:44:53	68	5	26.7	0:00:50	68	2	0:25:32	25	1	5:06
29	347	Faye	Fitzgibbon	1:29:47	30-39	3	Female	6	0:16:40	21	2	22:13	0:00:53	27	2	0:46:19	93	9	25.9	0:01:02	120	25	0:24:53	14	3	4:58
30	345	Willie	Smit	1:30:00	30-39	11	Male	24	0:19:14	98	31	1:39	0:01:47	130	31	0:43:02	36	17	27.9	0:00:50	67	12	0:25:04	17	7	5:00
31	221	Patrick	Moulay	1:30:21	30-39	12	Male	25	0:16:08	13	4	21:30	0:00:57	33	6	0:44:30	64	29	27	0:00:56	96	21	0:27:48	58	18	5:33
32	268	Andrew	Reynolds	1:30:49	40-49	7	Male	26	0:19:06	94	19	1:28	0:01:21	74	9	0:40:18	17	6	29.8	0:01:38	206	35	0:28:25	75	11	5:41
33	142	Marc	Probst	1:30:51	30-39	13	Male	27	0:17:07	30	11	22:49	0:01:19	68	17	0:43:39	50	23	27.5	0:00:39	30	6	0:28:05	64	22	5:37
34	286	Jerome	Tricot	1:30:51	30-39	14	Male	28	0:18:56	86	25	1:15	0:02:40	209	51	0:42:11	31	13	28.4	0:00:59	107	25	0:26:04	31	11	5:12
35	311	Nicole	Stanners	1:30:55	30-39	4	Female	7	0:17:36	51	8	23:28	0:01:07	44	7	0:44:11	61	5	27.2	0:01:02	121	26	0:26:56	40	6	5:23
36	377	Jose Ahipsa	Campos Arceiz	1:31:34	30-39	15	Male	29	0:16:23	15	5	21:50	0:02:11	183	44	0:43:12	43	21	27.8	0:00:39	25	3	0:29:08	86	28	5:49
37	367	Richard	King	1:31:42	30-39	16	Male	30	0:21:23	154	42	4:31	0:01:04	40	7	0:41:32	24	9	28.9	0:01:05	137	32	0:26:36	37	14	5:19
38	254	Stuart	Farmer	1:31:50	30-39	17	Male	31	0:22:36	180	47	6:08	0:01:09	51	13	0:41:42	28	11	28.8	0:00:51	75	15	0:25:30	23	9	5:06
39	346	Elizabeth	Reynolds	1:32:00	40-49	4	Female	8	0:19:07	95	8	1:30	0:01:18	65	6	0:43:25	47	5	27.6	0:00:55	91	11	0:27:13	44	4	5:26
40	222	John	Fullick	1:32:08	40-49	8	Male	32	0:18:28	71	13	0:38	0:01:41	116	16	0:43:22	46	10	27.7	0:01:09	154	19	0:27:27	53	9	5:29
41	394	Team	G Force	1:32:21	Team	3	Male	33	0:19:14	99	11	1:39	0:00:37	8	6	0:43:03	37	2	27.9	0:00:33	11	9	0:28:52	81	13	5:46
42	389	Heta	Tenno	1:32:29	30-39	5	Female	9	0:18:51	83	16	1:08	0:02:56	225	51	0:47:23	110	14	25.3	0:01:01	114	23	0:22:17	2	1	4:27
43	334	Sarah	Newman	1:32:37	16-29	1	Female	10	0:18:05	61	4	0:07	0:01:58	152	9	0:46:51	102	3	25.6	0:00:51	72	3	0:24:50	13	1	4:58
44	384	Bryan	Ries	1:32:46	30-39	18	Male	34	0:18:52	84	24	1:10	0:01:09	50	12	0:41:10	23	8	29.1	0:01:03	126	29	0:30:29	110	38	6:05
45	188	Saladin	Amery	1:32:50	40-49	9	Male	35	0:20:09	129	23	2:53	0:02:23	195	34	0:40:19	18	7	29.8	0:01:15	170	23	0:28:41	79	12	5:44
46	378	Christopher	Zieber	1:33:05	16-29	4	Male	36	0:14:16	3	1	19:01	0:01:54	144	8	0:49:32	142	8	24.2	0:00:41	37	3	0:26:41	38	2	5:20
47	113	Richard	Reid	1:33:08	50+	3	Male	37	0:19:19	102	3	1:45	0:01:53	142	4	0:41:32	25	2	28.9	0:01:08	153	5	0:29:14	87	4	5:50
48	138	Sylvia	Schroeter	1:33:10	40-49	5	Female	11	0:19:23	104	10	1:51	0:01:15	61	5	0:45:04	73	8	26.6	0:00:55	92	12	0:26:30	33	2	5:18
49	291	Emma	Finnamore	1:33:23	30-39	6	Female	12	0:19:24	106	19	1:52	0:00:58	34	3	0:43:30	48	3	27.6	0:01:03	124	28	0:28:26	76	10	5:41
50	337	Paul	Dalton	1:33:26	30-39	19	Male	38	0:21:07	150	40	4:09	0:01:19	70	18	0:42:02	29	12	28.5	0:01:02	118	28	0:27:55	59	19	5:35
51	986	Team	Tri-Hards	1:33:32	Team	4	Male	39	0:15:02	6	2	20:03	0:00:39	11	9	0:50:08	152	12	23.9	0:00:43	43	20	0:26:59	41	8	5:23
52	118	Peter	Pallister	1:33:43	30-39	20	Male	40	0:16:28	18	8	21:57	0:01:08	47	10	0:45:02	72	32	26.6	0:00:41	39	8	0:30:22	107	36	

Bintan Triathlon 2009
Sprint Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim			T1			Cycle			T2			Run					
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	min /km
60	392	Team	Nirwana Gardens 2	1:34:25	Team	6	Male	47	0:18:36	75	8	0:48	0:00:56	31	16	0:47:59	121	7	25	0:00:31	9	7	0:26:21	32	7	5:16
61	269	Sven	Meyerdierks	1:34:25	30-39	23	Male	48	0:17:04	28	10	22:46	0:02:18	190	45	0:43:19	45	22	27.7	0:01:42	210	51	0:30:00	100	34	6:00
62	149	Julie	Sanders	1:34:40	30-39	7	Female	14	0:16:36	20	1	22:09	0:01:51	137	29	0:44:59	69	6	26.7	0:00:40	31	2	0:30:31	111	16	6:06
63	255	Michael	Kachel	1:34:45	30-39	24	Male	49	0:17:37	52	17	23:29	0:03:09	232	58	0:43:48	54	25	27.4	0:00:53	80	17	0:29:17	90	30	5:51
64	275	Lara	Reynolds	1:34:48	30-39	8	Female	15	0:21:20	153	31	4:27	0:01:15	59	12	0:45:36	80	7	26.3	0:00:34	13	1	0:26:01	29	5	5:12
65	373	Edward	Webb	1:34:49	40-49	12	Male	50	0:17:19	36	6	23:06	0:01:46	128	20	0:45:46	84	18	26.2	0:01:03	122	14	0:28:54	82	13	5:46
66	363	Enrica	Nicolini	1:34:58	30-39	9	Female	16	0:19:26	107	20	1:55	0:01:04	39	4	0:43:47	53	4	27.4	0:01:08	151	34	0:29:31	95	12	5:54
67	231	Malcolm	Harrow	1:35:20	40-49	13	Male	51	0:22:00	167	30	5:20	0:02:12	184	32	0:44:16	62	13	27.1	0:01:23	190	28	0:25:28	21	5	5:05
68	197	Michelle	Murray	1:35:25	16-29	2	Female	17	0:20:02	125	7	2:43	0:01:26	87	2	0:45:09	74	1	26.6	0:01:05	134	7	0:27:40	56	3	5:32
69	984	Team	Mega Force	1:35:28	Team	7	Male	52	0:18:48	80	10	1:04	0:01:39	113	21	0:50:31	157	14	23.8	0:00:25	2	1	0:24:03	10	2	4:48
70	213	Barry	Simons	1:35:31	40-49	14	Male	53	0:20:22	132	24	3:09	0:01:50	135	21	0:44:37	66	15	26.9	0:01:13	163	20	0:27:29	54	10	5:29
71	178	Daniel	Heathwood	1:35:36	30-39	25	Male	54	0:21:48	162	43	5:05	0:02:44	216	52	0:43:10	41	20	27.8	0:01:57	228	56	0:25:55	28	10	5:11
72	285	Rodney	Wigglesworth	1:35:41	40-49	15	Male	55	0:16:29	19	3	21:59	0:01:03	38	6	0:45:17	76	17	26.5	0:00:55	86	8	0:31:56	144	23	6:23
73	238	Daniel	Barnett	1:35:44	30-39	26	Male	56	0:16:25	17	7	21:54	0:02:58	226	55	0:46:14	91	40	25.9	0:02:03	231	57	0:28:02	63	21	5:36
74	169	Kathryn	Zastera	1:35:48	40-49	7	Female	18	0:19:35	112	11	2:07	0:00:51	23	2	0:46:53	103	10	25.6	0:00:58	102	13	0:27:30	55	6	5:30
75	309	Maureen	Jarvis	1:35:50	40-49	8	Female	19	0:18:58	88	6	1:18	0:01:43	121	15	0:42:57	35	3	27.9	0:01:19	176	21	0:30:52	119	12	6:10
76	317	Cairine	Haslam	1:35:58	30-39	10	Female	20	0:16:47	23	3	22:23	0:02:05	174	38	0:47:37	116	16	25.2	0:02:09	236	53	0:27:18	47	8	5:27
77	982	Team	Bintan Boys	1:36:04	Team	8	Male	57	0:25:39	225	20	10:12	0:00:46	19	14	0:46:27	94	4	25.8	0:00:28	7	5	0:22:42	3	1	4:32
78	280	Chauffaille	Samuel	1:36:08	30-39	27	Male	58	0:18:57	87	26	1:16	0:01:44	123	28	0:45:01	70	30	26.7	0:01:11	158	39	0:29:15	88	29	5:51
79	274	Leconte	Damien	1:36:24	30-39	28	Male	59	0:22:16	174	46	5:42	0:01:57	150	36	0:45:01	71	31	26.7	0:00:35	17	2	0:26:33	36	13	5:18
80	276	Nicola	Russo	1:36:30	30-39	11	Female	21	0:21:26	156	33	4:35	0:02:04	172	37	0:46:35	97	10	25.8	0:00:56	94	19	0:25:28	22	4	5:05
81	993	Team	Kanga Kiwis	1:36:41	Team	9	Male	60	0:20:02	124	13	2:43	0:00:35	6	4	0:48:05	122	8	25	0:00:35	15	12	0:27:23	51	9	5:28
82	391	Team	Nirwana Gardens 1	1:37:01	Team	10	Male	61	0:17:33	45	5	23:24	0:00:58	36	18	0:46:07	88	3	26	0:00:34	12	10	0:31:47	141	16	6:21
83	282	William	Southwell	1:37:32	16-29	6	Male	62	0:17:28	41	5	23:18	0:01:32	95	6	0:44:45	67	5	26.8	0:01:15	171	11	0:32:30	151	11	6:30
84	223	Michael	Connolly	1:37:43	40-49	16	Male	63	0:17:36	50	9	23:28	0:01:33	98	12	0:47:15	108	23	25.4	0:01:14	168	22	0:30:04	101	16	6:00
85	348	James	Mudie	1:37:47	40-49	17	Male	64	0:19:35	113	20	2:07	0:01:35	104	13	0:46:12	90	19	26	0:01:08	152	18	0:29:15	89	14	5:51
86	352	Sarvin	Patel	1:37:55	30-39	29	Male	65	0:22:40	181	48	6:13	0:01:14	57	14	0:45:45	83	38	26.2	0:00:54	83	19	0:27:21	48	16	5:28
87	253	Erin	Isernhagen	1:37:59	40-49	9	Female	22	0:23:07	188	18	6:50	0:01:58	151	18	0:43:44	52	6	27.4	0:00:48	58	7	0:28:19	72	8	5:39
88	335	Stephen	Barnes	1:38:14	50+	4	Male	66	0:19:56	122	4	2:34	0:02:10	181	5	0:43:59	57	3	27.3	0:01:05	136	4	0:31:02	122	5	6:12
89	199	Claire	Kluyver	1:38:20	40-49	10	Female	23	0:17:16	34	3	23:01	0:01:26	86	11	0:50:02	148	15	24	0:01:33	199	23	0:28:01	62	7	5:36
90	354	Frederic	Lemaire	1:38:39	30-39	30	Male	67	0:19:27	108	32	1:56	0:04:10	245	63	0:42:45	34	16	28.1	0:01:49	216	53	0:30:27	109	37	6:05
91	300	Qi Mei Orlanda	Goh	1:38:46	16-29	3	Female	24	0:17:26	39	2	23:15	0:01:11	56	1	0:52:09	176	9	23	0:00:36	18	1	0:27:22	50	2	5:28
92	983	Team	Sonny and Cher	1:38:49	Team	11	Male	68	0:22:04	169	18	5:26	0:01:15	60	19	0:49:01	140	11	24.5	0:00:41	35	18	0:25:46	26	4	5:09
93	330	Kristy Jayne	Rickett	1:38:51	16-29	4	Female	25	0:17:34	47	3	23:25	0:02:21	194	12	0:49:43	144	6	24.1	0:01:04	130	6	0:28:08	66	5	5:37
94	125	Alice	Braesch	1:38:53	30-39	12	Female	26	0:18:47	79	14	1:03	0:01:32	96	19	0:48:23	132	20	24.8	0:00:41	36	3	0:29:28	94	11	5:53
95	174	Mohammad Yusri	Abu Bakar	1:39:12	30-39	31	Male	69	0:20:53	143	36	3:51	0:01:07	42	8	0:45:39	82	37	26.3	0:00:59	110	26	0:30:32	113	39	6:06
96	141	Steve	Burton	1:39:20	40-49	18	Male	70	0:18:33	73	15	0:45	0:01:37	107	15	0:45:13	75	16	26.5	0:01:05	133	16	0:32:50	162	26	6:34
97	158	Anne	Nikkel	1:39:28	30-39	13	Female	27	0:19:11	96	17	1:35	0:01:10	53	9	0:47:54	118	17	25	0:00:52	78	13	0:30:19	106	15	6:03
98	212	James	Wherrett	1:39:33	30-39	32	Male	71	0:17:33	46	15	23:24	0:01:29	89	21	0:45:25	77	33	26.4	0:00:51	71	14	0:34:13	178	54	6:50
99	320	Justin	Riddett	1:39:55	30-39	33	Male	72	0:21:13	151	41	4:17	0:02:59	227	56	0:44:11	60	28	27.2	0:01:33	197	46	0:29:57	99	33	5:59
100	168	Stuart	Mort	1:40:17	30-39	34	Male	73	0:17:01	27	9	22:42	0:00:52	25	3	0:48:35	133	46	24.7	0:00:49	62	11	0:32:58	165	50	6:35
101	135	Richard	Finlayson	1:40:24	30-39	35	Male	74	0:18:58	89	27	1:18	0:02:03	171	41	0:45:32	78	34	26.3	0:01:03	128	30	0:32:45	158	48	6:33
102	103	Angela	Evans	1:40:26	30-39	14	Female	28	0:21:26	155	32	4:35	0:02:39	208	44	0:46:56	105	12	25.6	0:01:09	155	35	0:28:14	69	9	5:38
103	292	George	Wall	1:40:30	30-39	36	Male	75	0:24:33	210	54	8:44	0:01:38	110	26	0:43:54	56	27	27.3	0:00:59	111	27	0:29:23	93	32	5:52
104	137	Jason	Pretorius	1:40:31	30-39	37	Male	76	0:17:38	53	18	23:30	0:02:35	206	50	0:51:08	167	54	23.5	0:00:49	61	10	0:28:20	73	24	5:40
105	989	Team	The Sing Ladies	1:40:31	Team	12	Male	77	0:20:39	138	16	3:32	0:00:37	10	8	0:50:29	156	13	23.8	0:00:34	14	11	0:28:11	67	11	5:38
106	227	Richard	Jones	1:40:42	30-39	38	Male	78	0:24:44	214	56	8:59	0:02:28	200	48	0:43:09	40	19	27.8	0:01:36	204	48	0:28:43	80	26	5:44
107	179	Leonard	Koh	1:41:08	40-49	19	Male	79	0:22:02	168	31	5:23	0:01:45	124	19	0:44:10	59	12	27.2	0:01:27	192	30	0:31:43	138	22	6:20
108	290	Jeffrey Melbourne	Bradford	1:41:22	50+	5	Male	80	0:25:33	223	5	10:04	0:01:23	80	2	0:44:28	63	4	27	0:00:58	101	3	0:28:58	83	3	5:47
109	323	Mark	Byrne	1:41:23	30-39	39	Male	81	0:18:02	60	19	0:02	0:01:29	90	22	0:47:55	119	44	25	0:01:06	146	36	0:32:50	161	49	6:34
110	336	Eva	Jentschura	1:41:29	16-29	5	Female	29	0:19:29	110	6	1:58	0:01:58	153	10	0:46:43	100	2	25.7	0:01:12	162	10	0:32:05	145	8	6:25
111																										

Bintan Triathlon 2009
Sprint Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run				
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	min /km
119	219	Eleanor	Great	1:43:24	40-49	14	Female	36	0:20:27	135	14	3:17	0:01:59	158	20	0:48:18	127	13	24.8	0:00:59	108	16	0:31:39	136	13	6:19
120	215	Noelia	Mayorgas	1:43:31	30-39	18	Female	37	0:21:51	163	36	5:08	0:01:33	99	20	0:49:36	143	21	24.2	0:00:43	44	4	0:29:47	97	13	5:57
121	218	Paul Howard	Simons	1:43:33	30-39	40	Male	84	0:28:20	240	64	13:46	0:02:03	168	40	0:43:39	51	24	27.5	0:00:57	99	23	0:28:33	78	25	5:42
122	382	Jayne	Mander	1:43:50	16-29	6	Female	38	0:20:30	136	8	3:20	0:01:49	134	7	0:48:10	123	5	24.9	0:00:57	98	5	0:32:23	148	9	6:28
123	318	William Franklin	Pickrell	1:44:07	30-39	41	Male	85	0:19:04	93	29	1:26	0:04:28	248	64	0:47:24	111	42	25.3	0:02:03	232	58	0:31:06	125	41	6:13
124	361	Michael Scott	Mercer	1:44:10	30-39	42	Male	86	0:22:06	170	45	5:28	0:02:01	163	38	0:45:38	81	36	26.3	0:01:55	226	55	0:32:28	149	46	6:29
125	161	Emma	Boatman	1:44:13	16-29	7	Female	39	0:15:27	9	1	20:36	0:01:55	145	8	0:56:03	212	10	21.4	0:00:40	32	2	0:30:07	103	6	6:01
126	339	Chee Yeong	Thng	1:44:23	16-29	7	Male	87	0:20:40	139	10	3:34	0:02:17	188	11	0:52:18	180	10	22.9	0:00:58	105	8	0:28:08	65	3	5:37
127	240	Marta	Rojo Alonso	1:44:29	30-39	19	Female	40	0:20:41	140	28	3:35	0:01:14	58	11	0:50:34	158	26	23.7	0:01:13	165	38	0:30:46	117	19	6:09
128	355	Rhona Sue	Polonsky	1:44:29	50+	1	Female	41	0:22:29	179	1	5:58	0:02:18	191	1	0:46:18	92	1	25.9	0:01:52	221	1	0:31:30	134	1	6:18
129	262	Anina	Boshoff	1:44:30	30-39	20	Female	42	0:18:09	63	11	0:12	0:02:20	192	41	0:52:10	179	34	23	0:01:15	169	39	0:30:34	114	18	6:06
130	379	Yu-Lin Charmaine	Lim	1:44:30	30-39	21	Female	43	0:17:52	56	9	23:50	0:02:20	193	42	0:51:20	170	31	23.4	0:01:03	123	27	0:31:53	143	24	6:22
131	102	Sze	Kian Chuan	1:44:42	30-39	43	Male	88	0:20:54	145	38	3:52	0:01:37	106	25	0:46:40	99	41	25.7	0:01:16	172	42	0:34:14	179	55	6:50
132	129	Thomas	Rees	1:44:45	16-29	8	Male	89	0:20:04	127	9	2:45	0:02:09	178	9	0:52:25	181	11	22.9	0:01:33	200	14	0:28:31	77	5	5:42
133	267	Craig	Beattie	1:44:51	30-39	44	Male	90	0:24:06	205	52	8:08	0:01:59	157	37	0:45:52	85	39	26.2	0:01:40	208	49	0:31:13	129	43	6:14
134	985	Team	BonBons	1:45:00	Team	14	Male	91	0:20:04	126	14	2:45	0:01:21	75	20	0:51:11	168	15	23.4	0:00:35	16	13	0:31:48	142	17	6:21
135	381	Josephine	Mazaraki	1:45:01	30-39	22	Female	44	0:17:58	59	10	23:58	0:01:25	83	16	0:50:50	160	27	23.6	0:01:19	178	40	0:33:27	171	30	6:41
136	183	Gary	Viviers	1:45:23	30-39	45	Male	92	0:18:24	69	22	0:32	0:03:26	235	59	0:49:30	141	48	24.2	0:02:58	249	65	0:31:02	121	40	6:12
137	259	Ellen	Eberhard	1:45:33	30-39	23	Female	45	0:17:25	38	6	23:13	0:02:52	219	48	0:50:19	155	25	23.8	0:00:45	52	6	0:34:11	177	31	6:50
138	265	Rupert	Brown	1:45:40	30-39	46	Male	93	0:20:53	144	37	3:51	0:01:57	149	35	0:45:35	79	35	26.3	0:01:06	144	34	0:36:07	201	57	7:13
139	271	Paraic	Mcgrath	1:45:56	40-49	21	Male	94	0:18:48	81	17	1:05	0:02:17	187	33	0:47:58	120	26	25	0:00:39	29	3	0:36:12	202	34	7:14
140	296	Thomas	O'Brien	1:45:56	40-49	22	Male	95	0:26:45	234	42	11:40	0:02:01	164	28	0:50:49	159	31	23.6	0:00:49	60	7	0:25:31	24	6	5:06
141	194	Caroline	Haas	1:46:02	16-29	8	Female	46	0:22:55	185	12	6:34	0:01:34	101	3	0:47:21	109	4	25.3	0:01:13	164	11	0:32:56	164	10	6:35
142	136	Kian Soon	Lee	1:46:13	30-39	47	Male	96	0:26:47	235	61	11:43	0:01:31	92	23	0:47:53	117	43	25.1	0:00:39	28	5	0:29:20	91	31	5:52
143	295	Robert	Garman	1:46:35	40-49	23	Male	97	0:18:30	72	14	0:41	0:01:43	120	18	0:47:34	115	25	25.2	0:01:28	194	32	0:37:18	215	37	7:27
144	182	Esra	Yagiz	1:46:39	40-49	15	Female	47	0:18:06	62	5	0:08	0:01:59	155	19	0:53:07	187	18	22.6	0:01:18	175	20	0:32:07	146	14	6:25
145	104	Joanne	Pizel	1:46:49	30-39	24	Female	48	0:20:20	131	27	3:07	0:02:03	169	36	0:48:22	131	19	24.8	0:01:35	201	45	0:34:28	183	34	6:53
146	264	Emi	Kusaka	1:46:54	16-29	9	Female	49	0:21:33	158	10	4:44	0:01:39	112	4	0:51:01	165	7	23.5	0:01:05	138	8	0:31:34	135	7	6:18
147	380	Judy	Dunne	1:47:02	30-39	25	Female	50	0:19:27	109	21	1:56	0:01:09	49	8	0:51:50	173	33	23.1	0:01:22	186	43	0:33:12	167	28	6:38
148	338	Lenson	Sim	1:47:03	16-29	9	Male	98	0:19:03	92	7	1:25	0:02:27	198	12	0:45:58	86	6	26.1	0:00:44	48	4	0:38:50	224	14	7:46
149	185	Kee Huat	Wang	1:47:21	30-39	48	Male	99	0:19:41	115	33	2:15	0:02:08	176	42	0:52:10	177	56	23	0:01:35	203	47	0:31:45	140	45	6:21
150	109	Jacqueline	Amos	1:47:22	30-39	26	Female	51	0:19:24	105	18	1:52	0:01:26	85	17	0:51:02	166	30	23.5	0:01:04	132	31	0:34:24	182	33	6:52
151	310	Sarah	Porter	1:47:27	30-39	27	Female	52	0:19:34	111	22	2:05	0:01:32	94	18	0:55:12	207	41	21.7	0:00:55	93	18	0:30:12	104	14	6:02
152	990	Team	Ka Pai	1:47:31	Team	15	Male	100	0:17:05	29	4	22:46	0:01:40	114	22	0:47:01	106	6	25.5	0:00:47	55	22	0:40:57	237	20	8:11
153	195	Susan Elizabeth	Lewis	1:47:38	40-49	16	Female	53	0:23:59	202	23	7:59	0:01:53	143	17	0:48:20	130	14	24.8	0:00:44	47	4	0:32:40	155	16	6:32
154	242	Jean-Pierre	Green	1:47:43	30-39	49	Male	101	0:20:57	148	39	3:56	0:02:10	180	43	0:50:57	163	53	23.5	0:01:04	131	31	0:32:33	153	47	6:30
155	202	Thomas	Cochran	1:47:59	30-39	50	Male	102	0:21:56	165	44	5:15	0:01:48	131	32	0:48:57	139	47	24.5	0:01:22	188	45	0:33:54	173	52	6:46
156	241	Ashish	Thapar	1:48:08	40-49	24	Male	103	0:17:35	48	8	23:26	0:02:54	221	39	0:55:16	208	39	21.7	0:01:02	117	13	0:31:20	131	21	6:16
157	108	Nicole	Doherty Roe	1:48:08	30-39	28	Female	54	0:25:11	219	51	9:35	0:01:38	109	24	0:49:51	146	23	24.1	0:00:55	84	15	0:30:32	112	17	6:06
158	988	Team	Charlie's Angels	1:48:12	Team	16	Male	104	0:18:13	66	7	0:17	0:00:35	7	5	1:00:39	232	19	19.8	0:00:26	4	3	0:28:17	71	12	5:39
159	225	Catherine	Underwood	1:48:15	40-49	17	Female	55	0:20:22	133	13	3:10	0:02:08	175	21	0:52:10	178	17	23	0:00:48	57	6	0:32:46	159	18	6:33
160	233	Rebecca	Dailey	1:48:21	30-39	29	Female	56	0:23:46	198	47	7:41	0:01:35	102	21	0:50:05	150	24	24	0:01:45	212	48	0:31:09	127	21	6:13
161	278	Miguel	Feuermann	1:48:30	40-49	25	Male	105	0:21:16	152	27	4:22	0:02:00	160	26	0:46:54	104	22	25.6	0:01:23	189	27	0:36:56	210	36	7:23
162	117	Yaw Wei	Ow	1:48:33	16-29	10	Male	106	0:25:38	224	14	10:10	0:02:16	186	10	0:50:04	149	9	24	0:01:10	157	9	0:29:23	92	6	5:52
163	196	Paul	Fleetwood	1:48:51	40-49	26	Male	107	0:17:41	54	10	23:35	0:01:41	118	17	0:51:19	169	32	23.4	0:01:31	196	34	0:36:37	207	35	7:19
164	207	Andrew	Jeffery	1:48:53	40-49	27	Male	108	0:24:40	212	37	8:54	0:02:47	218	38	0:48:15	126	27	24.9	0:02:05	235	41	0:31:05	124	20	6:13
165	362	Laurent Benoit	Auzanneau	1:48:56	40-49	28	Male	109	0:25:30	221	39	10:00	0:01:51	138	22	0:46:36	98	21	25.7	0:01:38	207	36	0:33:19	169	27	6:39
166	162	Annabelle	Duncan	1:49:02	30-39	30	Female	57	0:19:55	120	25	2:33	0:01:35	103	22	0:54:41	202	39	21.9	0:01:05	135	32	0:31:44	139	23	6:20
167	374	Liang	Tan	1:49:12	30-39	51	Male	110	0:23:40	195	50	7:34	0:04:28	249	65	0:49:53	147	49	24.1	0:02:03	234	59	0:29:06	85	27	5:49
168	214	Brendan	Van Vliet	1:49:24	16-29	11	Male	111	0:17:44	55	6	23:39	0:04:13	246	15	0:53:14	188	12	22.5	0:01:54	222	15	0:32:18	147	10	6:27
169	201	Simon	Herriott	1:49:34	40-49	29	Male</																			

Bintan Triathlon 2009
Sprint Distance Triathlon - Overall



Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009

Pos	Participant			Total Time	Category			Gender		Swim			T1			Cycle			T2			Run							
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	min /km			
178	186	Darrin	Stewart	1:50:53	40-49	31	Male	118	0:22:11	172	32	5:34	0:02:43	212	37	0:52:28	182	33	22.9	0:01:01	115	11	0:32:30	150	24	6:30			
179	284	Mark	Brocklehurst	1:51:04	16-29	12	Male	119	0:25:09	218	13	9:33	0:01:22	76	5	0:48:19	129	7	24.8	0:01:22	184	13	0:34:50	187	12	6:58			
180	164	Linnat K	Kwok	1:51:14	40-49	18	Female	61	0:23:47	199	21	7:43	0:02:33	204	24	0:50:17	154	16	23.9	0:01:52	219	25	0:32:43	156	17	6:32			
181	302	Kate	Fuller	1:51:17	30-39	33	Female	62	0:18:10	64	12	0:14	0:03:42	240	53	0:53:42	192	35	22.3	0:02:25	244	55	0:33:15	168	29	6:39			
182	992	Team	Mg Slowcoach	1:51:22	Team	18	Male	120	0:20:48	142	17	3:44	0:00:40	12	10	0:48:52	137	10	24.6	0:00:44	49	21	0:40:17	236	19	8:03			
183	143	Rahel	Probst	1:52:26	30-39	34	Female	63	0:22:48	182	41	6:25	0:01:55	146	30	0:47:02	107	13	25.5	0:01:46	213	49	0:38:52	225	47	7:46			
184	171	Neil	Anderson	1:52:31	40-49	32	Male	121	0:25:45	227	40	10:21	0:03:09	231	40	0:48:56	138	30	24.5	0:01:50	218	39	0:32:48	160	25	6:33			
185	184	Geoffrey	Pollard	1:52:57	30-39	55	Male	122	0:20:11	130	35	2:55	0:02:55	223	54	0:50:05	151	50	24	0:01:54	224	54	0:37:50	221	61	7:34			
186	110	Donna	McWilliams	1:53:43	30-39	35	Female	64	0:17:33	44	7	23:24	0:01:07	43	6	0:49:45	145	22	24.1	0:01:54	225	50	0:43:22	242	52	8:40			
187	119	Karen Lisa	Fallon	1:54:18	30-39	36	Female	65	0:21:43	160	34	4:58	0:01:43	122	26	0:54:31	201	38	22	0:00:50	63	8	0:35:29	195	38	7:05			
188	228	Tracey	Pickford	1:54:18	30-39	37	Female	66	0:19:47	118	24	2:23	0:02:00	162	34	0:55:58	211	42	21.4	0:01:02	119	24	0:35:29	196	39	7:05			
189	283	Nicola	Quinn	1:54:25	30-39	38	Female	67	0:24:56	215	50	9:15	0:01:20	71	14	0:51:01	164	29	23.5	0:01:22	187	44	0:35:44	197	40	7:08			
190	200	Corina	Trovarelli	1:54:28	40-49	19	Female	68	0:19:00	90	7	1:20	0:02:37	207	26	0:54:21	197	22	22.1	0:01:06	141	18	0:37:22	116	26	7:28			
191	987	Team	Virgos From Behind	1:54:32	Team	19	Male	123	0:19:16	101	12	1:42	0:00:42	17	12	0:56:15	214	18	21.3	0:00:32	10	8	0:37:45	220	18	7:33			
192	181	Andre	Rampono	1:54:36	30-39	56	Male	124	0:17:27	40	12	23:16	0:02:02	167	39	0:55:49	210	59	21.5	0:02:50	248	64	0:36:27	205	58	7:17			
193	210	Henri	Guedeney	1:54:39	40-49	33	Male	125	0:23:23	193	34	7:11	0:01:57	148	25	0:48:41	135	28	24.6	0:01:49	215	38	0:38:48	223	39	7:45			
194	388	Anthony	Payne	1:54:44	40-49	34	Male	126	0:21:01	149	26	4:02	0:00:17	1	1	1:02:18	237	44	19.3	0:00:23	1	1	0:30:43	116	18	6:08			
195	147	Kevin	Burke	1:54:48	40-49	35	Male	127	0:23:10	189	33	6:53	0:02:05	173	30	0:52:47	186	35	22.7	0:01:20	180	25	0:35:24	194	31	7:04			
196	230	Catrin	Huxtable	1:55:22	40-49	20	Female	69	0:23:54	200	22	7:52	0:02:09	179	22	0:54:22	198	23	22.1	0:00:58	104	15	0:33:58	174	21	6:47			
197	273	Verzeletti	Emilia	1:55:48	30-39	39	Female	70	0:22:20	176	40	5:47	0:01:38	111	25	0:58:29	226	49	20.5	0:00:44	50	5	0:32:34	154	25	6:30			
198	371	Timothy John	Taylor	1:55:50	40-49	36	Male	128	0:20:26	134	25	3:14	0:03:45	241	43	0:54:45	203	38	21.9	0:01:06	149	17	0:35:46	199	32	7:09			
199	176	Richard	Lowe	1:55:56	30-39	57	Male	129	0:24:04	204	51	8:06	0:02:54	220	53	0:53:46	193	57	22.3	0:01:40	209	50	0:33:30	172	51	6:42			
200	364	Titus	Overman	1:56:16	16-29	13	Male	130	0:29:41	243	15	15:35	0:01:40	115	7	0:53:15	189	13	22.5	0:00:45	51	5	0:30:53	120	8	6:10			
201	260	Anthony	King	1:56:18	40-49	37	Male	131	0:28:44	241	43	14:19	0:01:02	37	5	0:47:28	114	24	25.3	0:01:21	183	26	0:37:41	218	38	7:32			
202	287	Noel	Lagdamen	1:56:30	30-39	58	Male	132	0:27:18	237	62	12:24	0:02:26	197	47	0:48:13	124	45	24.9	0:01:21	182	44	0:37:11	213	60	7:26			
203	351	Arlene	Rosborough	1:56:52	30-39	40	Female	71	0:23:13	190	43	6:57	0:01:37	108	23	0:50:52	162	28	23.6	0:01:06	147	33	0:40:02	231	49	8:00			
204	313	Peter	Bocquet	1:56:58	40-49	38	Male	133	0:25:56	231	41	10:35	0:02:00	161	27	0:46:29	95	20	25.8	0:02:19	239	42	0:40:12	232	42	8:02			
205	312	Nyree Lyn	Mccoy	1:56:58	30-39	41	Female	72	0:25:55	230	52	10:33	0:02:00	159	33	0:46:45	101	11	25.7	0:02:03	233	52	0:40:14	233	50	8:02			
206	329	Michelle	Turner	1:57:03	30-39	42	Female	73	0:19:46	117	23	2:21	0:01:58	154	31	0:59:50	229	50	20.1	0:00:58	106	20	0:34:29	184	35	6:53			
207	106	Daniel	Gan	1:57:04	30-39	59	Male	134	0:25:07	217	58	9:30	0:01:47	129	30	0:55:05	205	58	21.8	0:00:56	97	22	0:34:07	175	53	6:49			
208	298	Crystal	Palar	1:57:11	16-29	11	Female	74	0:20:45	141	9	3:40	0:01:41	117	5	0:59:16	228	11	20.2	0:01:18	174	12	0:34:10	176	11	6:50			
209	234	Amanda	Stein	1:57:23	40-49	21	Female	75	0:25:52	229	25	10:29	0:01:23	78	9	0:53:38	191	20	22.4	0:00:42	41	2	0:35:46	198	24	7:09			
210	217	Bernadette	Bower	1:57:50	40-49	22	Female	76	0:25:40	226	24	10:13	0:01:09	52	3	0:53:48	194	21	22.3	0:00:45	53	5	0:36:26	204	25	7:17			
211	340	Timo	Predoehl	1:57:55	30-39	60	Male	135	0:24:17	208	53	8:23	0:02:32	203	49	0:51:58	174	55	23.1	0:00:51	70	13	0:38:15	222	62	7:39			
212	315	Jit Chay	Lim	1:58:07	40-49	39	Male	136	0:24:28	209	36	8:37	0:03:19	233	41	0:54:16	196	36	22.1	0:01:42	211	37	0:34:20	181	28	6:52			
213	297	Olivier	Leroux	1:58:17	40-49	40	Male	137	0:21:52	164	29	5:10	0:02:10	182	31	0:52:28	183	34	22.9	0:02:20	240	43	0:39:25	229	41	7:52			
214	261	Estibaliz	Gonzalez Parra	1:58:45	30-39	43	Female	77	0:23:19	192	44	7:05	0:02:55	222	49	0:54:27	199	37	22	0:00:51	76	12	0:37:12	214	44	7:26			
215	289	Tony E	Piotrowski	1:59:01	40-49	41	Male	138	0:25:14	220	38	9:39	0:02:29	201	35	0:54:30	200	37	22	0:01:24	191	29	0:35:22	193	30	7:04			
216	172	Jennifer	White	1:59:42	30-39	44	Female	78	0:24:13	207	49	8:17	0:01:59	156	32	0:55:04	204	40	21.8	0:00:51	74	11	0:37:34	217	45	7:30			
217	243	Amy	Watson	2:00:08	30-39	45	Female	79	0:21:56	166	37	5:15	0:02:56	224	50	0:56:39	216	43	21.2	0:01:37	205	47	0:36:59	212	43	7:23			
218	366	Rosaleen	Martin	2:00:51	16-29	12	Female	80	0:24:44	213	13	8:58	0:03:25	234	13	1:03:44	238	12	18.8	0:00:55	89	4	0:28:01	61	4	5:36			
219	203	Estefania Isabel	Peral Iglesias	2:00:54	30-39	46	Female	81	0:22:18	175	39	5:44	0:02:28	199	43	1:01:33	235	51	19.5	0:01:22	185	42	0:33:11	166	27	6:38			
220	232	Kelly Lynn	Ross	2:01:06	30-39	47	Female	82	0:20:54	146	29	3:52	0:01:50	136	28	0:57:38	221	46	20.8	0:00:55	85	16	0:39:47	230	48	7:57			
221	133	Jonathon	Gould	2:01:07	50+	6	Male	139	0:27:13	236	6	12:17	0:02:46	217	7	0:52:43	184	6	22.8	0:02:10	237	7	0:36:13	203	6	7:14			
222	111	Julie	Kenny	2:01:08	30-39	48	Female	83	0:22:59	187	42	6:38	0:02:01	166	35	0:57:30	218	45	20.9	0:00:54	82	14	0:37:43	219	46	7:32			
223	248	Dacialyn	Koh	2:01:24	16-29	13	Female	84	0:22:08	171	11	5:31	0:01:49	133	6											1:37:26	250	13	19:29
224	131	Peter	Rozenauers	2:01:57	40-49	42	Male	140	0:21:40	159	28	4:53	0:01:57	147	24	1:00:06	230	42	20	0:02:23	242	44	0:35:51	200	33	7:10			
225	249	Tanneke	Zeeuw	2:02:28	40-49	23	Female	85	0:28:13	239	26	13:37	0:02:13	185	23	0:55:46	209	24	21.5	0:01:06	143	19	0:35:09	189	22	7:01			
226	180	Webster	Tai	2:02:29	16-29	14	Male	141	0:23:57	201	12	7:56	0:03:08	230	13	0:57:35	219	14	20.8	0:01:20	179	12	0:36:27	206	13	7:17			
227	344	Michelle	Sawyer	2:02:42	40-49	24	Female	86	0:19:16	100	9	1:41	0:01:45	125	16	1:06:26	243	28	18.1	0:01:52	220	26	0:33:22	170	20	6:40			
228																													

Bintan Triathlon 2009

Sprint Distance Triathlon - Overall

Nirwana Gardens, Bintan Island, Indonesia - 23 May 2009



Pos	Participant			Total Time	Category		Gender		Swim				T1			Cycle			T2			Run				
	Race No	First Name	Last Name		Cat.	C.Pos	Gen.	G.Pos	Time	O.Pos	C.Pos	min/km	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	km/h	Time	O.Pos	C.Pos	Time	O.Pos	C.Pos	min /km
237	332	Muhammed Noraihan	Othman	2:11:06	30-39	63	Male	146	0:28:00	238	63	13:20	0:00:56	29	5	0:57:43	222	61	20.8	0:02:48	247	63	0:41:38	239	64	8:19
238	299	Kang Ming	Ng	2:11:51	16-29	15	Male	147	0:22:50	183	11	6:26	0:03:32	236	14	1:05:26	242	15	18.3	0:00:55	88	7	0:39:07	227	15	7:49
239	305	Ann	Maroni	2:12:27	40-49	27	Female	92	0:23:42	196	20	7:36	0:05:13	250	28	1:02:09	236	26	19.3	0:01:06	140	17	0:40:16	234	27	8:03
240	326	Todd	Kimpton	2:12:44	30-39	64	Male	148	0:32:16	248	65	19:01	0:01:52	141	34	1:00:23	231	63	19.9	0:01:13	166	41	0:36:59	211	59	7:23
241	272	Kristen	Freeman	2:14:57	40-49	28	Female	93	0:22:57	186	17	6:36	0:02:34	205	25	1:04:37	239	27	18.6	0:01:54	223	27	0:42:54	241	28	8:34
242	251	Pek Quann	Soon	2:17:21	30-39	52	Female	94	0:26:12	232	53	10:56	0:03:05	229	52	0:57:55	223	47	20.7	0:02:23	243	54	0:47:45	247	55	9:33
243	211	Rajesh	Grover	2:17:22	40-49	44	Male	149	0:33:42	250	44	20:57	0:03:35	238	42	0:56:15	213	40	21.3	0:01:57	229	40	0:41:51	240	44	8:22
244	252	Cheng Tze Chung	Cheng	2:17:23	30-39	65	Male	150	0:26:17	233	60	11:03	0:03:02	228	57	0:57:55	224	62	20.7	0:02:21	241	60	0:47:46	248	65	9:33
245	393	Team	Nirwana Gardens 3	2:17:25	Team	21	Male	151	0:20:33	137	15	3:24	0:00:57	32	17	1:07:57	245	20	17.7	0:00:43	42	19	0:47:14	245	22	9:26
246	105	Chris	Illidge	2:18:32	50+	7	Male	152	0:28:57	242	7	14:36	0:02:42	211	6	0:55:09	206	7	21.8	0:01:56	227	6	0:49:46	249	7	9:57
247	357	Olena V.	Noble	2:23:32	30-39	53	Female	95	0:30:04	245	54	16:05	0:04:19	247	55	1:10:55	246	54	16.9	0:01:35	202	46	0:36:38	208	41	7:19
248	370	Charlene	Fang	2:23:58	30-39	54	Female	96	0:23:45	197	46	7:40	0:04:08	243	54	1:06:46	244	53	18	0:02:00	230	51	0:47:17	246	54	9:27
249	981	Team	Ceria	2:28:07	Team	22	Male	153	0:30:43	246	22	16:57	0:00:44	18	13	1:11:14	247	21	16.8	0:00:40	34	17	0:44:44	244	21	8:56
250	247	Jasmeet	Walia	2:33:10	30-39	55	Female	97	0:31:57	247	55	18:36	0:02:43	214	47	1:13:32	248	55	16.3	0:00:47	56	7	0:44:09	243	53	8:49
DNF	112	Caroline	Lim	0:00:00	30-39		Female		0:33:30			20:40	0:01:47			1:07:58			17.7							
DNF	121	Susan	Richman	0:00:00	30-39		Female		0:20:33			3:24														
DNF	170	Ashley	Heather	0:00:00	30-39		Male		0:16:02			21:23	0:01:17			0:44:25			27	0:00:50						
DNF	192	Conrad Shuh Ho	Chang	0:00:00	30-39		Male		0:24:21			8:28	0:03:11													
DNF	208	Edouard	Goetgheluck	0:00:00	30-39		Male		0:18:03			0:04	0:01:25													
DNF	281	Ian	Morris	0:00:00	30-39		Male		0:19:02			1:23	0:02:31													
DNF	349	Robert	Massy	0:00:00	30-39		Male		0:20:58			3:58	0:01:23			1:18:16			15.3							
DNF	372	Xenia	Stafford	0:00:00	16-29		Female		0:22:21			5:49	0:01:45													